Boston-born Emerson (1803-1882) was the leader of the Transcendentalist movement in the United States during the early- to mid-nineteenth century, and through his essays, poetry, and philosophical writings, exerted considerable influence on the New Thought and allied movements. Inspired by the saying “Know Thyself” above the portal of the Temple of Apollo at Delphi, he poetically describes the astounding reality of what will be discovered by following this ancient axiom, so central to the Rosicrucian Tradition.

I
If thou canst bear
Strong meat of simple truth
If thou durst my words compare
With what thou thinkest in my soul’s free youth,
Then take this fact unto thy soul,—
God dwells in thee.
It is no metaphor nor parable,
It is unknown to thousands, and to thee;
Yet there is God.

II
He is in thy world,
But thy world knows him not.
He is the mighty Heart
From which life’s varied pulses part.
Clouded and shrouded there doth sit
The Infinite
Embosomed in a man;
And thou art stranger to thy guest
And know’st not what thou doth invest.

III
Then bear thyself, O man!
Up to the scale and compass of thy guest;
Soul of thy soul.
Be great as doth beseem
The ambassador who bears
The royal presence where he goes.

IV
Give up to thy soul—
Let it have its way—
It is, I tell thee, God himself,
The selfsame One that rules the Whole,
Tho’ he speaks thro’ thee with a stifled voice,
And looks through thee, shorn of his beams.
But if thou listen to his voice,
If thou obey the royal thought,
It will grow clearer to thine ear,
More glorious to thine eye.
The clouds will burst that veil him now
And thou shalt see the Lord.

GNO THI SE A U T ON
(Know Thyself)

1831
Ralph Waldo Emerson

The clouds that veil his life within
Are thy thick woven webs of sin,
Which his glory struggling through
Darkens to thine evil hue.
V
Therefore be great,
Not proud,------too great to be proud.
Let not thine eyes rove,
Peep not in corners; let thine eyes
Look straight before thee, as befits
The simplicity of Power.
And in thy closet carry state;
Filled with light, walk therein;
And, as a king
Would do no treason to his own empire,
So do not thou to thine.

VI
This is the reason why thou dost recognize
Things now first revealed,
Because in thee resides
The Spirit that lives in all;
And thou canst learn the laws of nature
Because its author is latent in thy breast.

VII
Therefore, O happy youth,
Happy if thou dost know and love this
truth,
Thou art unto thyself a law,
And since the soul of things is in thee,
Thou needest nothing out of thee.
The law, the gospel, and the Providence,
Heaven, Hell, the Judgement, and the
stores
Immeasurable of Truth and Good,
All these thou must find
Within thy single mind,
Or never find.

VIII
Thou art the law;
The gospel has no revelation
Of peace and hope until there is
response
From the deep chambers of thy mind
thereto,—
The rest is straw.
It can reveal no truth unknown before.
The Providence
Thou art thyself that doth dispense
Wealth to thy work, want to thy sloth,
Glory to goodness, to neglect, the
moth.
Thou sow'st the wind, the whirlwind
reapest,
Thou payest the wages
Of thy own work, through all ages.
The almighty energy within
Crowneth virtue, curseth sin.
Virtue sees by its own light;
Stumbleth sin in self-made night.
IX
Who approves thee doing right?
God in thee.
Who condemns thee doing wrong?
God in thee.
Who punishes thine evil deed?
God in thee.
What is thine evil meed?
Thy worse mind, with error blind
And more prone to evil
That is, the greater hiding of the God within:
The loss of peace
The terrible displeasure of this inmate
And next the consequence
More faintly as more distant wro’t
Upon our outward fortunes
Which decay with vice
With Virtue rise.

X
The selfsame God
By the same law
Makes the souls of angels glad
And the souls of devils sad
See
There is nothing else but God
Where e’er I look
All things hasten back to him
Light is but his shadow dim.

XI
Shall I ask wealth or power of God,
who gave
An image of himself to be my soul?
As well might swilling ocean ask a wave,
Or the starred firmament a dying coal,—
For that which is in me lives in the whole.